



## Comparing the Cold, Seasonal Flu and H1N1 Swine Flu

Symptom	Common Cold	Seasonal Flu	H1N1 Swine Flu
Runny/Stuffy Nose	Very common	Occasional	Occasional
Cough	Moist and productive	Dry cough (may also be productive)	Dry cough (may also be productive) A change from a dry cough to a more productive one could be a sign of a secondary infection.
Itchy/Watery Eyes	Common	Uncommon	Uncommon
Fever	Uncommon but may occur occasionally in children	Very common	Common, but less so than with seasonal flu
Exhaustion/Fatigue	Mild tiredness may occur	Very common	Very common
Headache	Common - usually due to sinus pressure	Common	Common
Sore Throat	Common, but typically mild	Uncommon	Very common
Body Aches	Minor	Severe	Severe
Vomiting/Diarrhea	These are not symptoms of the common cold	Uncommon, but may occur occasionally in children	About 10% of people with H1N1 swine flu experience vomiting and diarrhea
Onset of Symptoms	Gradual	Sudden	Sudden

<http://coldflu.about.com/od/checkyoursymptoms/a/coldfluH1N1chart.htm> Retrieved 11/29/2011