



June 4, 2012

Dear Aleph Bet Families,

In recent years, we have seen an upswing in the number of children who are allergic to peanuts and/or various tree nuts. Many of you are probably already aware that, as a school, we no longer provide peanut butter, nuts or nut products. This past year, we substituted soy butter for peanut butter on the snack menu, and most of the children enjoyed and requested it by the end of the year.

As a continued effort to make our school a healthy environment for all, we are requesting a small adjustment to your child's lunches. Please refrain from sending peanut butter, peanuts and tree nuts as their source of protein. Instead, consider using alternate proteins, such as eggs, cheese, yogurt, hummus, veggie nuggets & hot dogs and soy butter or sesame butter. FYI- the soy butter we provide is called "Wow Butter" and is available for around \$3 at Wal-Mart.

Thank you for your help keeping all of our students happy and healthy!

Aleph Bet Staff